

MARCH

ADSS NUTRITION PROGRAM

WINTER 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Menu 2</u> 1 Meatloaf/French Onion Gravy Whipped Potatoes Glazed Carrots Pineapple Tidbits Wheat Bread Margarine Chocolate Cake Milk	<u>Menu 3</u> 2 Orange Pineapple Juice Chicken Wild Rice Casserole Country Vegetables Sliced Peaches Multigrain Bread Margarine Gingerbread Cookie Milk	<u>Menu 4</u> 3 Tomato Juice Ham & White Beans Collard Greens Fresh Fruit Cornbread Margarine Chocolate Pudding Milk/Buttermilk	<u>Menu 5</u> 4 Taco Salad: Taco Meat Lettuce/Tomato/Cheese Pinto Beans Corn Chips Taco Sauce Cherry Fruited Gelatin Milk/Chocolate Milk
<u>Menu 6</u> 7 Chicken/Country Gravy Ranch Potatoes Green Peas Peaches/Pineapple Wheat Bread Margarine Chocolate Marshmallow Pie Milk	<u>Menu 7</u> 8 Apple Cherry Juice Frankfurter/Bun Baked Beans Coleslaw/Carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk	<u>Menu 8</u> 9 Vegetable Plate: Orange Juice Macaroni and Cheese Mixed Greens Blackeyed Peas Cornbread Margarine Raspberry Delight Cookie Milk/Buttermilk	<u>Menu 9</u> 10 BBQ Rib Patty Country Potatoes Garden Vegetables Fresh Fruit Texas Bread Margarine Orange Gelatin Milk	<u>Menu 10</u> 11 Blended Juice Chicken Noodle Casserole Mixed Beans Tossed Salad/Ranch Dressing Wheat Bread Margarine Marble Cake Milk
<u>Menu 11</u> 14 Orange Juice Sliced Ham Whipped Sweet Potatoes Succotash Multigrain Bread Margarine Fig Bar Milk	<u>Menu 12</u> 15 Grape Juice BBQ Chicken Breast Parslied Potatoes Mixed Vegetables Texas Bread Margarine Lemon Gelatin Milk	<u>Menu 13</u> 16 Chili with Beans Buttered Rice Green Bean and Tomato Salad Fresh Fruit Saltine Crackers Margarine Birthday Cake Milk Alternate: Brunswick Stew	<u>Menu 14</u> 17 Hamburger/Bun Baked Beans Potato Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	<u>Menu 15</u> 18 Pineapple Juice Grilled Chicken Fingers(3)/Onion Gravy Country Corn Turnip Greens Cornbread Margarine Raspberry Pear Gelatin Milk/Buttermilk
<u>Menu 16</u> 21 Apple Juice Beef Stew Cabbage Tropical Fruit Wheat Bread Margarine Apple Delight Cookie Milk	<u>Menu 17</u> 22 Sliced Turkey Breast/Gravy Cornbread Dressing Broccoli/Cheese Fresh Fruit Multigrain Bread Margarine Strawberry Gelatin Milk	<u>Menu 18</u> 24 Blended Juice Italian Mac Casserole Country Corn Parslied Carrots Wheat Roll Margarine Fudge Crème Cookie Milk/Chocolate Milk	<u>Menu 19</u> 24 Grilled Pork/Mushroom Gravy Garlic Whipped Potatoes Green Beans Sliced Peaches Wheat Bread Margarine Yellow Cake Milk	<u>Menu 20</u> 25 Orange Pineapple Juice Southern Beef/Barley Sauce Northern Beans Mustard Greens Cornbread Margarine Lemon Pudding Milk/ Buttermilk
<u>Special Meal 1</u> 28 Grape Juice Sweet and Sour Meatballs (3) Rice Pilaf Herbed Green Beans Multigrain Bread Margarine Raspberry Pear Gelatin Milk	<u>Special Meal 2</u> 29 Breaded Pork/Cream Gravy Whipped Potatoes Mixed Vegetables Macaroni Salad Wheat Bread Margarine Fresh Fruit Milk	<u>Special Meal 3</u> 30 Apple Cherry Juice Braised Beef/Noodles Mustard Greens Peaches/Pineapple Cornbread Margarine Assorted Snack Cakes/Cookies Milk/Buttermilk	<u>Special Meal 4</u> 31 Blended Juice Chicken Supreme Green Peas Okra and Tomatoes Texas Bread Margarine Assorted Cake Milk	